

THE ST. FRANCIS BULLETIN

FROM THE RECTOR

Fr. Len Giacalone

The Annual Parish Meeting took place on Sunday, January 20, after the 11:00 am service. The meeting featured the usual reports and elections which are required by the diocese. The first election was for the delegates to the two diocesan conventions that will take place this year; one for the election of a Coadjutor Bishop for the diocese and the annual diocesan convention in November. The Vestry proposed the names of Frank Hunt and Dinah Arce to be the delegate and alternate delegate respectively. They were elected by acclamation.

Each year the parish elects either two or three persons to replace the outgoing Vestry members. This year Doug Cooper, Jim Crandell, and Mike Ready were elected to replace outgoing members David Norris, Kevin Burnette, and Brendle Glomb. I want to thank these three men for their service to the parish on the Vestry for the past three years. During this time of transition there have been a number of issues arise that ordinarily would have not been on the Vestry's plate. In addition David has served as Senior Warden for the past two years and Kevin, the Vestry's Secretary for the past three. Their service has been invaluable. I also want to thank Bill Palmer and Ed Stillman who agreed to stand for election to the Vestry.

During the meeting it was pointed out that our debt on the property is just over five hundred thousand dollars. Although this has been explained in the past, it might bear repeating for newer members of the parish why we have this kind of debt. The truth is we were blind-sided by the building costs when we asked for bids on the project. We had been reasonably assured by the commercial realtors with whom we were working that we should have been able to purchase our land and put up our building for the

money we received from the sale of the property on West 9th Street. However, the lowest bid came in at about fifty per cent over what we were expecting. With the amount of building going on in Austin at that time and in fact still, costs have risen precipitously and I can only assume continue to rise. This past year we have made significant progress in paying off the original loan of some six hundred-five thousand dollars. But we have a way to go and everyone's help will be needed. I would ask once again that everyone do the very best they can.

When we moved into our new church in the late summer of 2017, I issued a request for a new manner of behavior in the church due to the presence of the Blessed Sacrament. I asked that conversations be kept to a minimum within the church itself. For the most part that has gone well. However, after the services has become somewhat of a problem. I would appreciate it if you would wait until you have made it to the hospitality area before beginning your visiting. I'm not talking about simply greeting people, especially visitors. We want them to feel welcome. But please invite them into the hospitality area before engaging in lengthy conversation. The church area is for worship and prayer and anything other than that should be kept to a minimum inside the church. Thank you for your cooperation.

As you know, we have been praying for God's will in electing our new bishop. At this time the committee appointed to oversee the election is interviewing candidates in order to decide who will be the nominees for the office. Please keep them in your prayers. The nominees will be announced this spring and the election will be June 1.

PRAYER SHAWL MINISTRY NEEDS DONATIONS

The Prayer Shawl Ministry's inventory of supplies is low. Donations are needed to replenish the yarn supply so that more shawls can be prayerfully created. See Charlotte Ready if you would like to help.

ANGLICANS FOR LIFE

Submitted by Steve McCown

Did you know that by 2020 it is projected that the global population of those 65 and older will surpass those under the age of 5 for the first time in human history? Our friends and family members are living longer than ever, which has changed how and where we care for the elderly. According to the Centers for Disease Control, there are currently 1.4 million individuals who live in nursing homes!

While for many older people and their families this is the best option for their housing and care, the negative side of nursing homes is the lack of connection to family and friends. This is not only tragic for their psychological well-being but also potentially for their safety. Nursing home residents without visitors are at greater risk of neglect or even abuse. With sometimes inadequate staffing and/or high nurse and aide turnover, it is important that those in nursing homes have someone who will look out for them and invest in their care while they're a resident there.

Here are three things you can do to help safeguard a friend or relative through the duration of their residence in a nursing home:

1. Get to know the staff and tell them about your friend or relative – especially likes or dislikes!

2. Notice “red flags” like poor personal hygiene, unexplained injuries, weight loss, emotional changes, environmental hazards etc. and know who to contact if you see a problem. These could be signs of neglect and abuse.

3. If you have health care power of attorney for your relative or friend, ask about a care conference with the nursing home staff or managers. Care conferences usually cover topics like medications, pain management, eating, and mobility, as well as how the resident is doing in general. These conferences will help you understand how to make sure the patient is getting the best care possible.

Older people living in nursing homes really benefit from having an advocate or friend who can watch out for them. Leviticus 19:32 says "You shall stand up before the gray head and honor the face of an old man, and you shall fear your God." This verse reminds us of the value God places on the elderly and encourages us to embrace the unique opportunity we have to serve them and make sure they know and receive the love of Jesus where they are.

Excerpted from

<https://anglicansforlife.org/2018/10/11/anglicans-actions-safeguarding-nursing-homes/>

DIOCESAN NEWS

Compiled by Amy Crandell

Hope and a Future

The election of the Bishop Co-adjuter: Here is what has happened so far and the plans for the rest of the process:

On Saturday, Nov. 10, at the 36th Annual Diocesan Convention, the Chairman of the Nominating Committee announced the opening of the nomination period, which continued until Dec. 31, 2018. Copies of the [Nomination Form](#) and [Diocesan Profile](#) were distributed and made available as a PDF.

Each nomination has been acknowledged by the Chairman, and the nominees have been asked to provide biographical information and to respond to a set of questions about their faith and ministry. The deadline for these responses was Jan. 15, 2019. A final slate of candidates will be announced in Eastertide (after April 21). Delegates will have an opportunity to meet these final nominees in May. The Special Convention for Election of a Bishop Coadjutor will be held Saturday, June 1, 2019, at St. Vincent's Cathedral in Bedford.

Daily Prayers. Please include these prayers on each day of the week:

- o Mondays: Pray for our Bishop, for Fr. Kresowaty, the Nominating Committee Chair, for Fr. Atwood, the Committee Secretary, and for Angela Fraser, the Assisting Secretary.
- o Tuesdays: Pray for each member of the Nominating Committee by name and for wisdom as they listen to the Lord. Committee members are:

Fr. DeWayne Adams	Fr. Mark Polley	Karina Loyo
Fr. Jay Atwood	Fr. Jeff Stubbs	Judy Mayo
Fr. Sergio Diaz	Fr. Christopher Woodall	Jesus Mota
Fr. Michael Heidt	Fr. Jacob Worley	Debbie Petta
Fr. Kingsley Jon-Ubabuco	Charles Bellows	Melissa Smith
Fr. John Jordan	Melody Bradford	Jim Stubblefield
Fr. David Klein	John Cook	Walter Virden, III
Fr. John Munson	Joe Francis	Jeff Wallace
Fr. Lee Nelson	Angela Fraser	
Fr. Andrew Petta	Jimmy Henry	
- o Wednesdays: Pray for the Sub-Committee on Prayer, Sub-Committee re Questions for the Meet & Greet Event, Sub-Committee for the Meet & Greet Event at St. Andrew's Church, Sub-Committee for Checking References, Sub-Committee for the Special Convention
- o Thursdays: Pray for the hearts of those who will be nominated.
- o Fridays: Pray for the Diocese and its transition in receiving a new Bishop. Note that Feb. 9 is designated as a fasting day.

The Diocesan web page can be found at <http://www.fwepiscopal.org/>

FROM THE BISHOP

Thanks to all of you who volunteered to pray on Saturdays for our Bishop. All parishes in the Southern Deanery had volunteers to pray each hour for the healing of our Diocesan leader with the other 6 days being covered by the other Deaneries. Prayer works!

Bishop Iker periodically updates his [page](#). Here is the latest entry made on January 10, 2019:

My last chemotherapy treatment has been scheduled for Sunday, Jan. 27, at UT Southwestern Medical Center in Dallas. If all goes according to plans, I will then have a series of radiation oncology treatments, beginning in February. I began treatment for stage IV lymphoma at the end of September and have made great progress. A December PET scan showed an 80 percent reduction in tumors.

Your continued prayers for complete healing, recover, and full remission are deeply appreciated. I will slowly return to my regular Sunday visitation schedule as health allows in the weeks to come. What a blessing to receive an answer to prayers, through the mercy of God!

In Christ,

*The Rt. Rev. Jack. L. Iker
Bishop*

FEBRUARY BIRTHDAYS

- 2 Victoria Glomb, Bud Lockhart
- 4 Jim Britt
- 5 Patricia Burnette
- 7 Burt Pigg, Kavya Parker, Willie Parker
- 9 Ed Stillman
- 12 Mike Ready
- 18 James Glomb

FEBRUARY ANNIVERSARIES

- 7 George and Ceecy Robinson
- 25 Jim and Sue Orr

COFFEE HOUR HOSTS

The coffee hour host sign-up list is updated for all of 2019. Please consider supplying the snacks for after the service on a Sunday or two. We had a good streak of folks signing up to bring food to share - let's get this going again! Several people are welcome to join together to bring something to eat. That seems to be happening anyway these past couple of Sundays.

INTERCESSORY PRAYER GROUP

St. Francis has an active prayer group of St. Francis members and friends. If you have a prayer need, write the intention note paper on the shelf in the back and place in the prayer box.

VESTRY MEETINGS

Our vestry meets on the 2nd Monday of each month at 6 p.m. The next meeting will be February 11. Anyone is welcome to attend the meeting as an observer. Vestry minutes are on the table in the entry hall.

USHERS

The ushers are organized and scheduled by Al Parker. These men give out the service bulletins, pass the offertory plates, indicate when folks should go up for Communion, and do some accounting after the service. Another usher is needed for the 11:00 service to partner with Jim Crandell. Please prayerfully consider helping out.

NEWSLETTER DELIVERY OPTIONS

- Receive the newsletter via e-mail with a printable version attached
- Pick up a printed copy on the table at the entrance to the church
- Have a copy mailed to your physical mail box (cost to the church is 50 cents)
- View newsletters on our website.

To change how you receive the newsletter, contact Amy Crandell in person or via e-mail at StFrancisAustin@gmail.com.

FEBRUARY SUNDAY READINGS

2/3 [4 after Epiphany](#) (g)

- Jeremiah 1:4-10
- Psalm 71:1-17
- 1 Corinthians 14:12b-20
- Luke 4:21-32

2/10 [5 after Epiphany](#)

- Judges 6:11-24a
- Psalm 85:7-13
- 1 Corinthians 15:1-11
- Luke 5:1-11

2/17 [Septuagesima](#) (v)

- Jeremiah 17:5-10
- Psalm 1
- 1 Corinthians 15:12-20
- Luke 6:17-26

2/24 [Sexagesima](#) (v)

- Genesis 45:3-11, 21-28
- Psalm 37:3-9
- 1 Corinthians 15:35-38, 42-50
- Luke 6:27-38

Notes on the readings:

- St. Francis follows the [1979 BCP Lectionary for the lessons](#) (We are in Year C) with the text read from the Revised Standard Version of the Bible.
- Each of the Sunday's readings is linked to the corresponding page on [LectionaryPage.net](#).
- The Sunday collects and text of the psalms are from the 1928 Book of Common Prayer.
- On the second and fourth Sundays, the psalm is chanted at the 11:00 service. The psalm markup is based on the Cathedral Psalter and is a part of the [St. Francis Psalter](#) posted on our webpage.

FEBRUARY CALENDAR

Sundays

[9:30 a.m.](#) Said Holy Communion

Sunday School for youth

[10:00 a.m.](#) Choir Rehearsal

[11:00 a.m.](#) Holy Communion with music

Thursdays

[7:00 p.m.](#) Evening Prayer

1st Friday, February 1

[7:00 - 9:00 p.m.](#) Games Night

1st Saturday, February 2

[9:00 a.m.](#) Prayer Service for our Nation

2nd Sunday, February 10

[3:30 -4:30 p.m.](#) Hymn Sing at the Retirement and Nursing Home, 6909 Burnet Lane

2nd Monday, February 11

[6:00 p.m.](#) Vestry meeting

3rd Friday, February 15

[Noon](#) Mothers' Prayer Group

3rd Sunday, February 17

[~12:30 p.m.](#) Anglicans for Life Meeting

3rd Monday, February 18

[7:00 - 8:30 p.m.](#) Readers of First Things group meeting

LOST AND FOUND

St. Francis has a lost and found table! It is located in the closet next to the stairs. Please take what is yours and leave what isn't. Eventually, these items will be donated to Goodwill or trashed.

TEXAS WALK FOR LIFE

The annual Texas Walk for Life is happening on Saturday, January 26. A group of St. Francis members is meeting at the steps of the Sam Houston Building (SHB), located at 14th and Brazos at about 12:45 p.m.. The walk starts at 1:00 pm and ends up at the south steps of the Capitol. The rally runs from 2:00 - 3:00 pm. A ministry fair is held from 3 to 4 pm. You can park in the state lots, largely to the east of the capitol. [Here](#) is the map of the area.

WHAT IS SEPTUAGESIMA?

Fr. John Zuhlsdorf

We plan for all sorts of important events, like vacations and birthday parties, well in advance. In general, the more significant an event we approach, the more time and effort we put into the preparation. You wouldn't call "wise" the retiree who has never given thought to retirement or the student who never studies except bare hours before an exam. Our great feasts in the Church are great occasions, and they, too, require preparation. For example, before Easter, the greatest feast of all, we have the longest and the most important season of preparation, Lent. Since Lent is itself important for us, we should also prepare for Lent before Lent.

We have had for many centuries in the traditional Roman calendar a time of "pre-Lent", consisting of a few Sundays before Lent when something of Lent's austerity is already sampled by Holy Church. Three Sundays before Ash Wednesday are nicknamed in Latin Septuagesima, Latin for the "seventieth" day before Easter, Sexagesima ("sixtieth"), and Quinquagesima ("fiftieth"). The whole season of Lent is called Quadragesima, or, literally, "Fortieth".

Of course the attentive reader is now scratching her head and thinking, "The nicknames change by 10 each Sunday, but there are only 7 days in a week. So, how do we get from '70th' Sunday to '60th' in a mere 7 days? Does $2+2=5$ after all?"

Let's drill more deeply. Our forebears had reasons for the way they counted:

- Septuagesima Sunday is the 63rd day before Easter and thus falls within the 7th (septimus) decade or 10-day period, consisting of the 61st to 70th days before Easter;
- Sexagesima Sunday is the 56th day before Easter and falls in the 6th (sextus) decade, consisting of the 51st to 60th days before Easter; and
- Quinquagesima Sunday is the 49th day before Easter and falls in the 5th (quintus) decade, consisting of the 41st to 50th days before Easter.

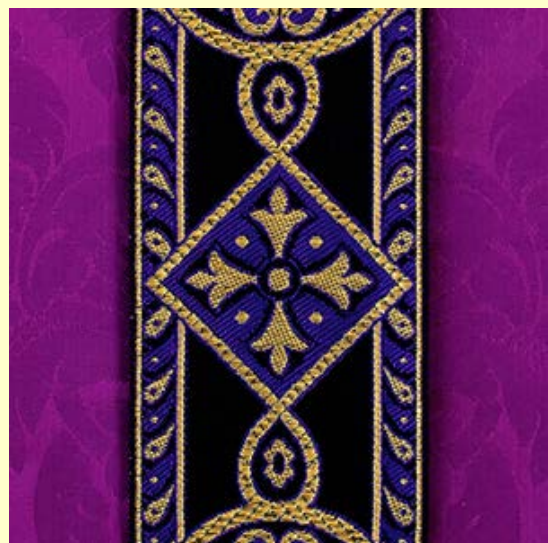
Meanwhile, the whole of the season of Lent is technically called Quadragesima (40th) even though there are more 40 days from Ash

Wednesday to Easter. (Hint: try counting the days of Lent excluding its Sundays and the Sacred Triduum, which technically is a separate sacred time.)

During traditional pre-Lent, Sunday Mass (not the weekdays) is celebrated already in violet vestments. The Church ceases in Holy Mass and the Office to sing "Alleluia" until Easter. In ancient times, catechumens were taken on these Sundays to the Station Masses where they heard tough readings and ever tougher prayers and also underwent scrutinies to help them understand what they were getting into. The prayers and readings for the Masses of these pre-Lenten Sundays were compiled by St Gregory the Great, pope in a time of great turmoil and suffering. Looking at Gregory's time, with the massive migration of peoples, the war, the turmoil, you are reminded of our own times.

In practical terms, pre-Lent gives us a chance to "ease in" to our Lenten discipline. The important season starts us to thinking about what we going to do during Lent well before Lent and not the day after Ash Wednesday. We might think of pre-Lent as a time to map out what Lent's journey is going to look like. That way, when Ash Wednesday rolls around, we are ready, with a plan in hand. we can hit the ground running.

<https://catholicherald.co.uk/commentandblogs/2018/01/28/what-is-septuagesima/>



WHY ARE YOU DRESSED LIKE THAT? PART 6

Fr. Steven Rindahl, Rector of St. Francis, Cibolo, Texas, an ACNA parish

Welcome to: Why are you dressed like that? Part 5. This is a series of entries motivated by a young girl who visited my church in Cibolo, Texas and said to me: Why are you dressed like that?

First, I invite you to [Part 1](#) where you can read my disclaimer as to the accuracy of any assigned values to vestments.

In [Part 5](#), I discussed the Zucchetto and Biretta – two different types of hat your priest may be wearing when in vestments. In this installment, I will discuss the Maniple – a small wrap around the left wrist



I must say, the maniple is my absolute favorite item among all of the vestments. Sadly, it is largely unheard of these days and almost never worn even by those who know what it is. That is a true shame and I hope by the time you reach the end of this installment of Why are you dressed like that? you will agree.

First a quick description. The maniple can be best described as looking like a peculiarly short stole. Traditionally made of silk the maniple is worn on the left forearm of Deacons, Priests, and Bishops. In

Vestments and Church Furniture Robert Lesage explains, "It is attached to the left fore-arm and is of no practical use." In years gone by a deacon would sometimes hold the paten (that little silver or gold plate upon which the bread which has been consecrated to be the Body of Jesus) with his maniple rather than touch it with his bare hands.

Now – Why do I think the Maniple is the greatest of the vestments? Because it is the lowliest. The maniple represents the towel Jesus used to dry the feet of the disciples. The washing of the disciples' feet serves two purposes. The first is to demonstrate that Jesus came to serve – not to be served. Likewise, those called to minister in His name must be servants of His people. The second is that it is an object lesson in dealing with sin. Peter refused Jesus' intent to wash his feet. Then Jesus told Peter that if his feet were not washed he would become disconnected from Jesus. In the back and forth between them Jesus explained to Peter that while his body was clean his feet were dirty. Illustrating the effect of sin and forgiveness – when a person is in Christ he is cleansed from sin. At the same time we walk through the world every day and kick up the dust and dirt of the world. That dust and dirt, those sins we enter into, must be cleaned away – freshly confessed and repented of in order to maintain our relationship with God.

Why wear the maniple? It is a mark of sorrow over sin and being the servant of Jesus who serves the people and helps restore damaged relationships with God. Every time a Deacon, a Priest, or a Bishop places the maniple on his left wrist he is reminded – I am a servant helping wash the feet of all those who, while walking through this world, have kicked up a bit of dust and dirt and need it removed – need it forgiven.

(Note: this is the last article in the series.)



ANGLICAN CHURCH
IN NORTH AMERICA

ST. FRANCIS ANGLICAN CHURCH OF AUSTIN

A parish of the Episcopal Diocese of Fort Worth
Diocese Office: 2900 Alemeda St.

Fort Worth, TX 76108

<http://www.fwepiscopal.org/>

Bishop: The Rt. Rev'd Jack L. Iker, D.D

Rector: The Rev. Canon Len Giacalone

Music Director: Ralph Webb

Parish Administrator: Mark Rambin

Vestry Officers

Senior Warden **Junior Warden**
TBD **TBD**

Secretary **Treasurer**
TBD Grady Collins

Vestry Members

Missy Bernard, Dinah Arce
Jim Britt, Donna Hunt, David Kristo-Reinking
Doug Cooper, Jim Crandell, Michael Ready

Fr. Len Giacalone

St. Francis Anglican Church

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ST. FRANCIS' MISSION STATEMENT

We are a community of believers in the Gospel of Jesus Christ whose mission it is to spread that Gospel in what we preach and in the way we live.

We are called to know the Word of God, to act on it in our lives and to share it with our brothers and sisters in the world.

We are determined to uphold the ancient faith of our ancestors in the Anglican tradition, to offer traditional Christian values based on the Holy Word of God and to be faithful witnesses to the person of Jesus in the Austin Community.

St. Francis parish is dedicated to the presence of Christ in the lives of the poor, the needy, the sick, to each other and to all those to whom Jesus comes to minister in his life on earth.

As a community of believers, we intend to entrust our growth in love, in faith and in resources to the generosity of God.